



# Lending SPACE

Your guide to specialist equipment and sensory aids



Autism | ADHD  
Neurodiverse Conditions

# At SPACE

we understand how important the right tools and resources are to support children with sensory, developmental, and educational needs. That's why at Lending SPACE we provide families with access to a wide range of specialist equipment and aids to try at home.

From sensory toys and calming tools to communication aids and mobility equipment, to information books and tools to work on specific skills such as fine motor, our collection is designed to help children and young people thrive. Borrowing these items gives families the chance to explore what works best for their child's unique needs before making long-term investments.

Whether you're looking to promote focus, support emotional regulation, encourage movement, or aid learning, Lending SPACE has something to suit every child. This brochure highlights the types of resources available and how they can make a difference in everyday life.

Please remember that this is just an overview of the 1000s of items available to borrow from us and our experienced team are always on hand to guide and advise you. Please come and see us at our Lending SPACE Community Hub in Stanstead Abbots to browse everything we have available or email us at [lendingspace@spaceherts.org.uk](mailto:lendingspace@spaceherts.org.uk) and let us help you find the tools that can empower your child to feel confident, comfortable, and supported.



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## Weighted items

**Examples:** Blankets, Lap Pads, Neck Wraps, Hoodies, Weighted Toys - Weighted items are designed to provide a comforting "hug-like" sensation that helps children feel calm and focused.



**Weighted blankets** are ideal for improving sleep by offering a soothing, even pressure. We stock many sizes and weights and our team can advise on the best weight for your young person.

**Lap pads** and neck wraps are great for use during homework or classroom activities, helping children maintain concentration by providing calming sensory input.

**Weighted toys** combine play with sensory support, offering a fun way to reduce anxiety and stress. These resources are particularly useful for individuals with sensory processing challenges, autism, ADHD, or anxiety.

## Compression items

**Examples:** Vests, Sheets, Body Socks - Compression items offer gentle, even pressure that can help children feel secure and relaxed.

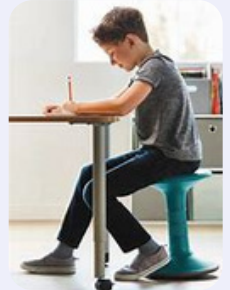
**Compression vests** are ideal for managing sensory overwhelm during school or home activities, while **compression sheets** provide a snug, calming environment for better sleep.



**Body socks** encourage movement and play while delivering full-body calming input, making them a versatile tool for both relaxation and sensory exploration. These aids are perfect for children who benefit from deep pressure to regulate their emotions and sensory needs.

## Cushions and Seating

**Examples:** Wobble Cushions, Wedge Cushions, Wobble Stools, Chair Bands - Cushions and seating options are designed to promote active sitting, which allows gentle movement to improve focus and reduce restlessness.



**Wobble cushions** and **wedge cushions** encourage small adjustments in posture, helping children stay engaged while seated. **Wobble stools** provide dynamic movement for children who need more flexibility while working or learning, and chair bands let children fidget with their feet without disrupting others. These tools are especially beneficial for children with ADHD, autism, or sensory needs who find it hard to sit still.

## Sensory Spaces

**Examples:** Tents, Dens, Bed Canopies - Sensory spaces provide a calm, enclosed area for children to retreat to when they feel overwhelmed.



**Sensory tents** and **dens** create a safe, cosy environment perfect for relaxation or quiet play at home or in school.

**Bed canopies** transform a child's sleeping space into a soothing sensory haven, supporting better rest. These spaces are great for reducing anxiety, regulating emotions, and providing a structured place to decompress.

## Sensory and Therapy Balls

**Examples:** Yoga Balls, Peanut Balls, Sensory Balls - Sensory and therapy balls are versatile tools for movement, balance, and tactile exploration.



**Yoga balls and peanut balls** encourage active sitting and help build core strength, posture, and coordination, making them perfect for use during exercises or seated activities. **Sensory balls**, often textured, are excellent for tactile play and can help improve fine motor skills while keeping children engaged. These resources are fun and functional, promoting both sensory and physical development.

## Vibration and Massage Tools

**Examples:** Vibrating Cushions, Toys, Body Massagers - Vibration and massage tools provide calming and soothing sensory input that can help children self-regulate.



**Vibrating cushions and toys** offer tactile stimulation that can reduce anxiety or sensory overload, while **body massagers** can be great for relaxing muscles, deep pressure, and promoting a sense of calm. These tools are particularly beneficial for children who respond well to vibration as a form of sensory input.

## Spinning Aids

**Examples:** Sit-in Cones, Spinning Carousels, Spinning Egg Chairs, Whizzy Dizzy - Spinning aids support balance, coordination, and sensory processing by offering vestibular input.



**Sit-in cones** and **spinning carousels** provide an engaging way for children to explore movement, while **spinning egg chairs** create a cosy space for comfort and sensory play. The **Whizzy Dizzy** is a unique spinning tool that allows children to control their speed, helping them build strength and self-regulation. These aids are ideal for sensory seekers and children with vestibular processing needs.

## Special Needs Pushchairs

**Examples:** Excel Elise and more - Special needs pushchairs are specifically designed to provide comfort, support, and mobility for children with additional needs.



**Special needs pushchairs**, including the Excel Elise, help ensure that children can participate fully in family life and activities. The Excel Elise is designed for larger children or those requiring extra postural support, offering a robust yet lightweight solution. These pushchairs are ideal for everyday outings or longer trips at home or abroad.

## Communication and Visual Aids

**Examples:** Emotions Toolkits, Conversation Starters, Turn-Taking Games, Visual Aids - Communication and visual aids make it easier for children to express their feelings, thoughts, or needs without relying on words.



**Communication fans** use symbols for clear and simple visual communication in different settings. **Visual aids** help children understand routines, transitions, and activities, reducing anxiety and building confidence. **Emotion dice and social skills games** provide an engaging way to learn about emotions and social interactions, **turn taking games** can foster listening and turn taking skills in a supportive environment.

## Educational Tools

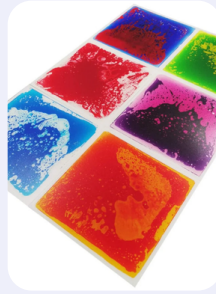
**Examples:** Writing Grips, Easy-Grip Scissors, Writing Slopes, Dyslexia Overlays, Reading Pens, Desktop Screens, Visual Timers - Educational tools help children overcome challenges in learning and development.



**Writing grips and easy-grip scissors** support fine motor skills, making writing and cutting tasks more accessible. **Writing slopes** promote better posture and positioning for handwriting. **Dyslexia overlays and reading pens** assist children who struggle with reading by improving text clarity and comprehension. **Desktop screens** reduce visual distractions, while visual timers make transitions and time management easier to understand.

## Sensory Aids

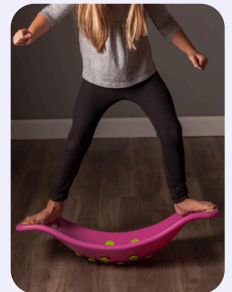
**Examples:** Sensory Floor Tiles, Fidgets, Light-Up Toys, and More - Sensory aids introduce children to a variety of textures, shapes, and visual experiences.



**Fidgets** help busy hands stay focused, reduce stress, and encourage exploration. **Light-up toys** and **sensory floor tiles** provide visual and tactile stimulation that's both engaging and calming. These tools encourage hands-on play, supporting sensory development and emotional regulation.

## Movement and Balance Aids

**Examples:** Scooter Boards, Balance Boards, Teeter Poppers - Movement and balance aids, such as scooter boards, balance boards, and teeter poppers, help children develop coordination, strength, and body awareness.



**Teeter poppers** are versatile tools that encourage active play by allowing children to rock, wobble, and balance while engaging their core muscles. **Scooter boards** provide fun, engaging ways to practice movement control, while balance boards improve posture and stability. These aids are particularly beneficial for children who enjoy vestibular input or need support with motor planning and spatial awareness.

## Where to find us

Lending SPACE, Unit B1, The Maltings Business Centre, Stanstead Abbotts, SG12 8HG

**Opening hours: Mondays, Wednesdays and Saturdays 9:30-12:30**