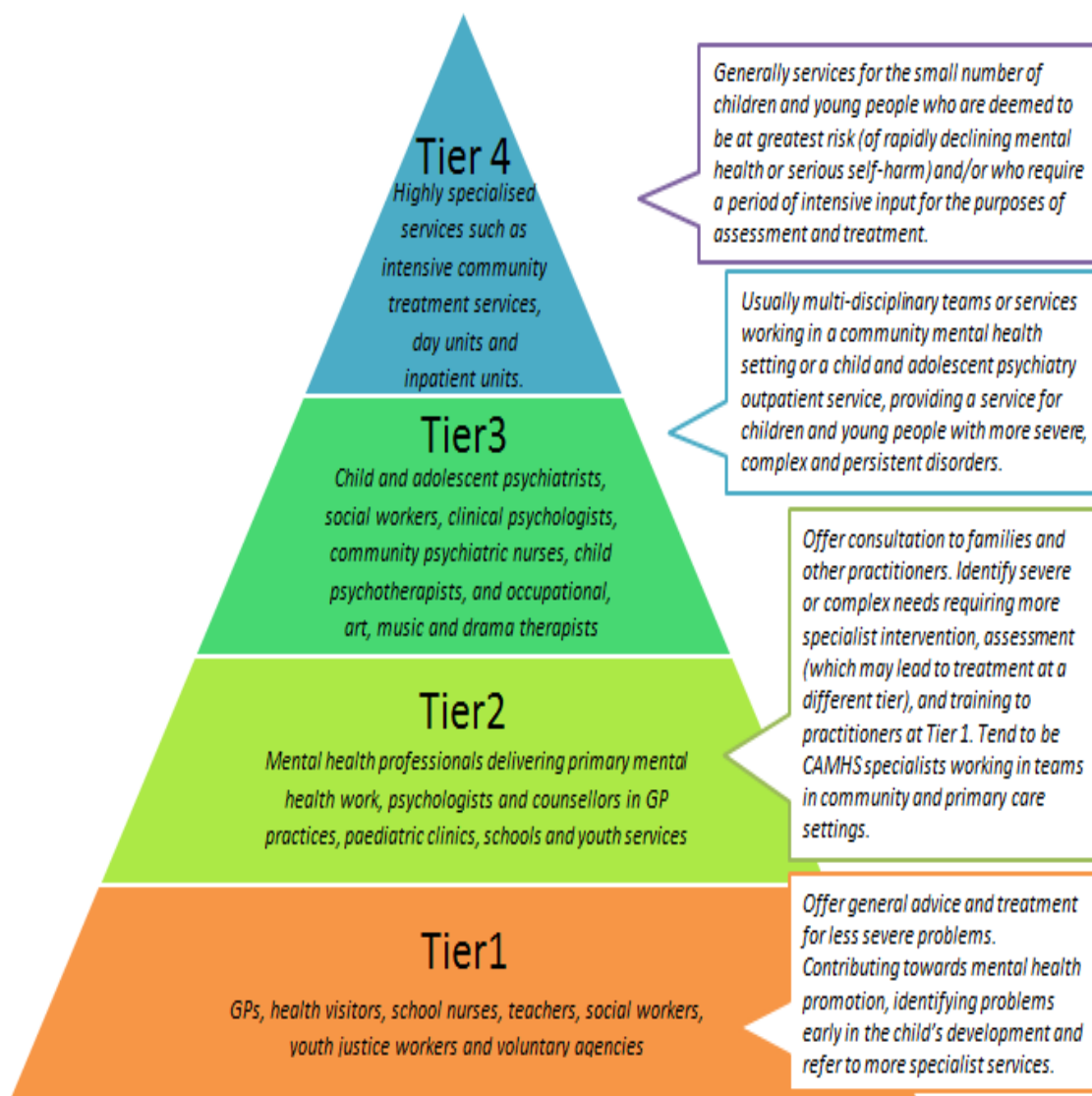


Hertfordshire Child and Adolescent Mental Health Services (CAMHS) 0-19

At present Hertfordshire CAMHS Services are commissioned through the tiered system, this means all community CAMHS services from tier 2, 3 & 4 are commissioned by the Integrated Health Care and Commissioning Team (IHCCT) on behalf of East and North and Herts valleys CCG's and Hertfordshire County Council. Access to tier 4 CAMHS is via tier 3; tier 4 inpatient provision is commissioned by NHS England.



Specialist tier 3 CAMHS is Hertfordshire wide and provided by:

Hertfordshire Partnership NHS Foundation Trust (HPFT)

&

Hertfordshire Community NHS Trust (HCT) Positive Behaviour, Autism, Learning Disability and Mental Health Service (PALMS)

Emergency Access to Specialist CAMHS in Hertfordshire is via Accident and Emergency departments at your nearest hospital.

Access to HPFT Specialist CAMHS for priority (within 7 days) and routine (within 28 days) is via the Single Point of Access (SPA) opening hours are from 8am until 7pm

Telephone: 0300 777 0707

Fax 0300 777 0808

MINICOM: 0300 777 0909

In an emergency after hours you can call the mental health helpline number on 01438 843322 or alternatively go to your nearest Accident and Emergency department.

HPFT CAMHS are organised by Quadrants North, East, South and West and specialist teams CAMHS Crisis Assessment & Treatment Team (C-CATT), CAMHS Community Eating Disorder & CAMHS targeted Team (tier 3 & 2) Forest House Adolescent Unit (FHAU) & Education Centre is commissioned by NHS England.

- CAMHS North – Saffron Ground Stevenage
- CAMHS East – Roseanne House, Welwyn Garden City, Hoddesdon Health Centre, Hoddesdon & Oxford House, Bishops Stortford.
- CAMHS South – Peace Children’s Centre, Watford & Civic Centre, Borehamwood
- CAMHS West – 99 Waverley Road, St Albans & Churchill Ward Lower Ground Floor Verulam Wing, Hemel Hempstead Hospital, Hillfield Road Hemel Hempstead
- CAMHS C-CATT – Kingsley Green, Watford & Lister Accident & Emergency departments & within the community.
- CAMHS Community Eating Disorder Service – Kingsley Green, CAMHS Community clinics and within the community.
- CAMHS Targeted – Kingsley Green, CAMHS community clinics.

Access to HCT PALMS Service is by referral

A referral can be made via a number of options, including:

- Via Electronic System 1 referral within Hertfordshire Community Trust
- Via Hertfordshire Partnership NHS Trust Single Point of Access Service
- By completing a PALMS Referral Form or detailed letter sent to:

PALMS Referral Coordinator

St Albans Children Centre

Church Crescent

St Albans

AL3 5JB

- By completing a PALMS Referral Form or detailed and faxing to: 01727 891102



PALMS -
Referral-form.doc



PALMS Leaflet.xps

- Bull Plain Clinic (PALMS)
- Danestrete Health Centre (PALMS)
- Pat Lewis Child Development Centre (PALMS)
- Peace Children's Centre (PALMS)
- Queen Elizabeth II Hospital (PALMS)
- St Albans Children's Centre (PALMS)

Early intervention tier 2 CAMHS is Hertfordshire wide and area specific

Hertfordshire wide tier 2 CAMHS is provided by HCT Step 2 Early Intervention Child and Adolescent Mental Health Service for children and young people in Hertfordshire aged 0-19.

Step2 receives written referrals for direct family/child support from health professionals across Hertfordshire. With a dedicated team of mental health professionals, the service offers a range of support including 1:1 direct interventions and group support.

The Step2 team includes specialist bereavement and loss advisors who can help support professionals working with bereaved children and ADHD Nurse Specialists who provide ADHD pre-screening.

Step2 also offers a telephone advice and support service to professionals working in Hertfordshire who are concerned about a child's (0-19 years) mental health or emotional well-being. Telephone Number: 01438 730570

A referral to Step2 should be considered when strategies tried within Universal Services such as school, GP or school nurse do not appear to have made a difference to the mental health needs of the child/young person.

Referrals can be made in writing direct to Step2, Starfish House, 3 North Road, Stevenage, SG1 4AT or Via the Single Point of Access (SPA) 0300 777 0707

Please note that Step2 does not accept self-referrals however a self-referral to Step 2 can be made via SPA 0300 777 0707

Professionals please note: Step2 is not an emergency service. For any concerns that may need an immediate response please refer to your own safeguarding procedures or if the child's condition has seriously deteriorated please refer directly to the GP or take the child to Accident & Emergency.

IHCCT Tier 2 Commissioned CAMHS Youth Counselling Services

Youth Counselling is suitable from age 13 to 16 & for 16 to 18 if CYP is not suitable for the Wellbeing Service

Name	Area	Referral route	Referral details
Tilehouse Youth Counselling Coach House Rear of 84 Tilehouse Street Hitchin SG52DY	North Herts (including Stevenage) Tilehouse operate out of Hitchin & Stevenage	Self-referrals and with consent from the Child/ Young Person, referrals from parents/Guardians, Carers, Schools, GPs CAMHS and other professionals	Refer by telephone, website/email, Tel: 01462 440674 Web: www.tilehouse.org.uk
Relate Youth Counselling Relate Central and North Hertfordshire 9 Paynes Park, Hitchin, SG5 1EH.	North Herts (including Stevenage Relate operate from Hitchin, Stevenage & Letchworth	Self-referrals and with consent from the Child/ Young Person, referrals from parents/Guardians, Carers, Schools, GPs CAMHS and other professionals	Refer by telephone, website/email. Tel: 01727 858126 e-mail: enquiries@relatecnh.org.uk
Rephael House Youth Counselling 40a Station Road New Barnet Hertfordshire EN5 1QH	Hatfield, Welwyn Garden City, Welwyn, & surrounding villages. Rephael operate from Breaks Manor, One Stop Shop Link Dr, Hatfield, AL10 8TP	Self-referrals with consent from the Child/ Young Person, referrals from parents/Guardians, Carers, Schools, GPs CAMHS and other professionals	Refer by telephone, website/email. Office - 020 8440 9144 Mobile - 07796 522 216 www.rephaelhouse.org.uk
YCT Youth Counselling Y C T House, Maddox Rd, Harlow CM20 3GA	East Hertfordshire (excluding Welwyn and Hatfield) YCT Operate out of: Drill Hall, Cheshunt & Northgate, Bishops Stortford.	Self-referrals, and with consent from the Child/ Young Person, referrals from parents/Guardians, Carers, Schools, GPs CAMHS and other professionals	Refer by telephone, website/email. Office: 01279 414 090 Text: 07956 887 921 admin@yctsupport.com
Youth Talk Youth Counselling 28 Spencer Street St Albans Hertfordshire AL3 5EG	St Albans District including: St Albans City, Harpenden, Wheathampstead, London Colney, Park Street, Redbourn and surrounding villages.	Self-referrals, and with consent from the Child/ Young Person, referrals from parents/Guardians, Carers, Schools, GPs CAMHS and other professionals	Refer by telephone, website/email. Office - 01727 868684 info@youthtalk.org.uk http://www.youthtalk.org.uk/
Signpost Youth Counselling St Mary's Churchyard, High Street, Watford WD17 2BE	Hertsmere Three Rivers Dacorum Signpost Operates out of: Watford Borehamwood, South Oxhey, Rickmansworth, Berkhamsted and Hemel Hempstead.	Self-referrals, and with consent from the Child/ Young Person, referrals from parents/Guardians, Carers, Schools, GPs CAMHS and other professionals	Refer by telephone, website/email. Office – 01923 239495 http://www.signpostcounselling.co.uk/

All direct referrals made need to be with the agreement of the CYP & via parent if applicable.

Hertfordshire CAMHS Commissioners are located within the Integrated Health and Care Commissioning Team, working on behalf of East and north Hertfordshire CCG, Herts Valleys CCG and Hertfordshire County Council.

Simon Patterson - Head of Service, Integrated Health and Care Commissioning Team

Sarvjeet Dosanjh – Senior Commissioning Manager (CAMHS)

Vicki Jeffery – Commissioning Manager (CAMHS)

Anne Sutcliff – Administrator (CAMHS)

Integrated Health and Care Commissioning team, Postal Point 344, 2nd Floor, Farnham House, Six Hills Way, Stevenage, SG1 2FQ.

Team Telephone: 01438 845253

Team Email: camhs.commissioning.gov.uk

Team Secure email: camhs.hertfordshire.nhs.net